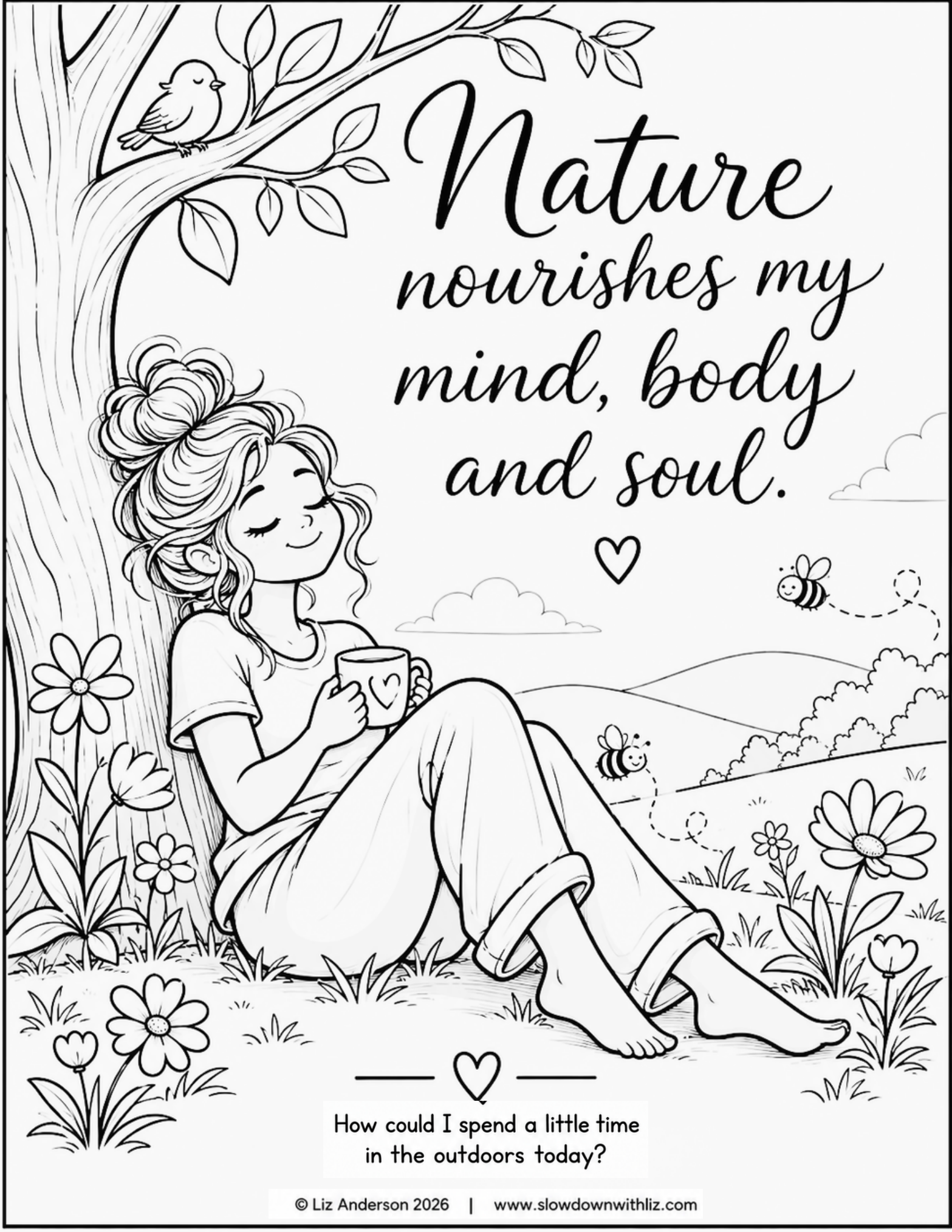




Nature
nourishes my
mind, body
and soul.



How could I spend a little time
in the outdoors today?