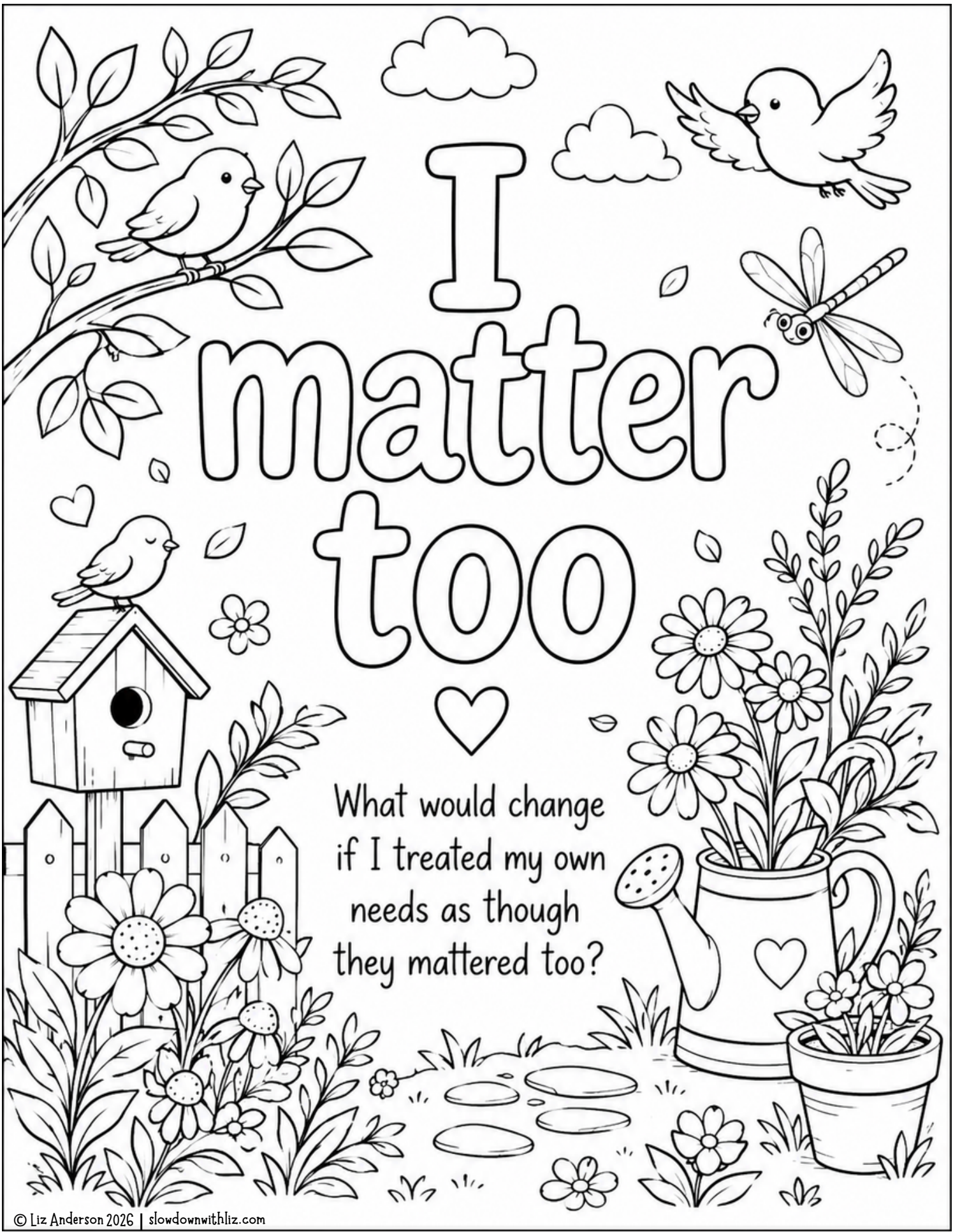




I matter too

What would change
if I treated my own
needs as though
they mattered too?